

Springfield Senior Center

139 Main Street
Springfield, VT 05156
802-885-3933



Weekly Activities:

Monday:

8 am - Pool & Ping Pong
8 am - Pickle Ball
9 am - Ceramics
10 am - Mat Yoga
10 am - Gym Walking

Tuesday:

8 am - Pool & Ping Pong
9 am - Ceramics
9 am - Chair Yoga
10 am - Strength Training
\$1 a class, goes toward Luncheon at the end of the year.
10 am - Gym Walking
11 am - Pickle Ball
1 pm - Pinochle

Wednesday:

8 am - Pool & Ping Pong
8:45 am - Cribbage
10 am - Gym Walking
1 pm - Special Events

Thursday:

8 am - Pool & Ping Pong
9 am - Chair Yoga
10 am - Strength Training
10 am - Gym Walking
11 am - Pickle Ball
12:30 pm - Shuffleboard
1 pm - Knit Wits: (1st & 3rd Thursdays)

Friday:

8 am - Pool & Ping Pong
9 am - Songsters
11 am - Gym Walking
1 pm - Open Art Time
1 pm - Progressive Whist

Special Events for March:

Wed. 2/26 1 pm	2020 Trip Announcements & Birthdays with Dale O'Brien
Thurs. 2/27 1 pm	Book Club meets in Livingroom
Fri. 2/28 1 pm	Nickel Bingo with Roger Newhall
Mon. 3/2 11:15 am	Yoga Nidra
Wed. 3/4 1 pm	Paul Ippolito Sing Along
Thurs. 3/5 1 pm	Knit Wits meet in the Livingroom
Fri. 3/6 11 am	Activity Committee meets
Fri. 3/6 1 pm	Board Games
Wed. 3/11 1 pm	Nickel Bingo with Roger Newhall
Fri. 3/13 1 pm	Game Day
Mon. 3/16 1 pm	Board Games
Wed. 3/18 1 pm	Songsters Concert "It's a great day for Irish Eyes." Also March Birthday's with Dale O'Brien.
Thurs. 3/19 1 pm	Knit Wits meet in Livingroom.
Fri. 3/20 1 pm	Drop in Shuffleboard and Corn Hole
Wed. 3/25 1 pm	Game Day (Hand & Foot)
Thur. 3/26 1 pm	Book Club
Fri. 3/27 1 pm	Nickel Bingo with Roger Newhall

Special Thanks to the following People:

Don Gray-Paper Towels. **Roger Wheeler**-watering the Pianos. Thanks to all the Folks that leave Paper Towels, T. Paper, cups on the desk. **Judy Greene**-gifts for trips and organizing the coupons.

The Book Club will be meeting 2/27 at 1 pm to discuss "30 Days a Black Man" by Bill Steigerwald. Another choice we have this month is "Dark Root" by Archer Mayor. Anyone is welcomed to join in. We have the books available here at the center to sign out. Our March Book will be "Where the crawdad sing" by Delia Owens.

Thank You to all the folks that covered for me, sent cards, gave Hugs, checked on me, while I was out due to my Mom's hospitalization and Passing. My Senior Center Family has been wonderful during this time.

The 2020 Census is around the corner - and it is important!

Beginning soon - in mid-March - every household will be contacted by the US Census, either by mail, by a form dropped off at the door, or by a personal visit, inviting your response. This is a process required by the US Constitution once every 10 years, so your answers will impact your community and your neighbors for the next decade. In addition to the traditional mail-in short census form, you will also be able to respond by calling your response in, or, for the first time in history, by responding online.

When you respond to the 2020 Census by indicating how many people live in your household - whether you live alone or with others - you are helping to make sure that funding for these programs in Vermont is maximized! It's safe, easy, and important, and of course, confidential.

These include programs that directly help our most vulnerable residents: Medicare Part B, Medicaid, Meals-on-Wheels, First Responders, Elderly Housing grants, Vermont 3 Squares Meals, Fuel Assistance, school lunch programs, and special education.



**Springfield
Senior Center
Hours:**

**Monday-Friday
8 am to 4 pm
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Facebook

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